

WABL Sunday Training - 9th November - 11th December								
Arena Joondalup								
	Ct 1	Ct 2	Ct 3	Ct 4	Ct 5	Ct 6	Ct 7	
Sun								Sun
8:00 - 9:30am	11 G C	11 G 2	11 G 3/4/5	11 G 3/4/5	11 B 3	11 B 4	11 B 5/6	8:00 - 9:30am
9:30 - 11:00am	11 B C	11 B 2	13 B 2	13 B C	13 G 3	13 G 4	13 G 5	9:30 - 11:00am
11:00 - 12:30pm	15 G C	15 G 2	13 G C	13 G 2	13 B 3	13 B 4	13 B 5	11:00 - 12:30pm
12:30 - 2:00pm	15 B C	15 B 2	15 B 3/4/5	15 B 3/4/5	15 G 3	15 G 4	15 G 5	12:30 - 2:00pm
2:00 - 3:30pm	17 M C	17 M 2	17 W C	20 W	17 W 2	17 W 3	17 W 4	2:00 - 3:30pm
3:30 - 5:00pm	19 M C	19 M 2	19 M 3	19 M 4	17 M 3	17 M 4	17 M 5	3:30 - 5:00pm

KEY		
	Dark Green Cells Indicate Male Trainings	
	Red Cells Indicate Female Trainings	
	Last adjusted	5-Nov